



**ANCIENT SANDS**  
GOLF RESORT & RESIDENCES  
EL GOUNA

# SERVICES & FACILITIES

## GENERAL INFORMATION

<b>Hotel No.</b>	065.354.5682 -065.358.0223/24
<b>Reception Desk:</b>	Hotel Rooms: 0 / Residences: 76156
<b>Check-in Time:</b>	14:00 hrs
<b>Check-out Time:</b>	12:00 hrs

## FOOD & BEVERAGE

<b>Dunes Restaurant</b>	Breakfast	07:00 – 10:30	Clubhouse 1 <sup>st</sup> Floor
	Lunch	13:00 –15:00	
	Dinner	18:30– 21:30	
<b>MINT Bar</b>	All Day lounge	10:30 – 00:00	Clubhouse Ground Floor
	<b>Cocktail Welcome every Monday at 06.00PM in the Mint Bar</b>		
<b>Piazza Restaurant</b>	18:30 till 21:00 Dinner A la Carte (Oriental) (free for All Inclusive guest, please reserve at the reception)		Piazza Square
<b>Piazza Bar</b>	10:00 till 23:00		Piazza Square

## FACILITIES

- Pools** Our resort offers 5 swimming pools (03 heated) and 01 outdoor heated Jacuzzi spread around the resort for your use Please be thoughtful of your neighbors whilst using the pools. No lifeguard on duty and swimming is at your own risk.
- Golf** 09 holes Golf course, practice facilities (which include a 300 yards grass driving range, chipping area and practice putting green) a wide variety of Golf instruction option for both individuals and groups. Golf introduction every Sunday, Tuesday and Thursday at 11.30am.
- Beach** The Marina Beach located just next to *Moods* on the tip of the Abu Tig Marina; towels are provided on the pools and can be exchanged on request. Hotel shuttle bus is available (please inquire at the reception for more details)
- Transport** We have an hourly shuttle bus to the Marina and Downtown; please enquire at the Reception for more details. Car rentals, limousine services & tok toks can also be ordered on request, Bikes also available for rent.
- WIFI** We offer complimentary WiFi in all public areas, including the Clubhouse, Restaurant and Pools..
- ATM** There is a AAIB ATM machine located in the Lobby nearby the elevator.
- GYM** Our guests have complimentary access to the gym at the Three corners Ocean View Resort, located in the Abu Tig Marina open daily from 8am till 12pm and 3pm till 7pm(please get the voucher from the reception desk.)
- Beauty Salon** : Offering a range of treatments including male/female haircuts, manicure, pedicure, hair styling/cutting, waxing, and massage and also botox treatments. *Filip Belgian Hair & Beauty Salon* is opened daily from 10:00 – 20:00 hrs and is located on the upper level of the courtyard. For information or appointments, please call 011.44.17.4691

**Ancient Sands**  
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