

THE SECRET KEY TO HAPPINESS BY WILLOW STREAM SPA

turning holidays into lasting memories



MALDIVES, 13th April 2022

Connecting with nature, moving at a slower pace, mindful nutrition, physical and mental health are all key components of a wellbeing journey. Fairmont Resort is bridging the gap between tourism and wellness to co-exist together by creating reflective spaces to induce wellness.

Nestled in a total of 2000 sqm wellness area, enables guests to rediscover their energy, providing indoor and outdoor spaces to reconnect beyond the treatment experience. From peaceful guided meditation in lush spa gardens to relaxing yoga sessions overlooking the calm blue sea, this nurturing environment which offers a soothing flow of energy during holistic journey.

One of the remarkable ways to integrate wellness into everyday life, on 11th June, *the Global Wellness Day* and 21st June, *the International Day of Yoga*, Fairmont Maldives Sirru Fen Fushi encourage all guests to enjoy the 'oasis of its own' – The Willow Stream Spa. Willow Stream Spa combines its four cornerstones of health to offer a rejuvenating sensory journey by balancing the elements earth, air, fire, water, and wood which puts everyone in sync with nature's equilibrium.

Adults and teenagers can both enjoy the resort's activities for a well-balanced lifestyle. Global Wellness Day will begin with the sunrise yoga, then will continue by water polo in the resort's infinity pool and will end with sunset meditation during the spectacular sundown.

To make the *Global Wellness Day* and *International Day of Yoga* even more exciting, spa heartists introduced a new series of *Reset Programs: 'The Secret Key to Happiness and Wellness'*, which includes holistic therapies for body and soul, and a selection of carefully curated treatments authentically connected to the Maldives island culture. Each program highlights the resort's own indigenous practices, nutritional programs and is created for couples,

FAIRMONT MALDIVES SIRRU FEN FUSHI

friends, or families. Fairmont Maldives also collaborates with world-renowned experts to educate and immerse travelers in well-being rituals designed based on individualistic preferences.

Shaping a future where travel unlocks a life lived limitless, Fairmont Maldives is an exceptional, unforgettable place where occasions are celebrated, stories are written, and moments are turned into memories.

For more information visit:

<https://www.fairmont.com/maldives>

About Fairmont Maldives Sirru Fen Fushi

Fairmont Maldives Sirru Fen Fushi is home to the longest infinity pool in the Maldives that leads you to the Coralarium, the Maldives' first and only coral regeneration project in the form of an underwater art installation by Jason deCaires Taylor. Located on the Shaviyani Atoll, which boasts one of the country's largest resort lagoons, Fairmont Maldives, Sirru Fen Fushi is more than just your hideaway. Our "secret water island," as dubbed by the locals. The 120 Luxury Villas are a seamless blend of chic, understated Maldivian rustic chic with champagne woods, coral-inspired rugs, and bamboo glass chandeliers. Choose from hideaway Beach Villas set in the magpies, the stunning Water Villas perched over the Indian Ocean, or castaway Tented Jungle Villas.

About Fairmont

Fairmont Hotels & Resorts is where occasions are celebrated, and history is made. Landmark hotels with unrivalled presence, authentic experiences and unforgettable moments have attracted visitors to Fairmont and its destinations since 1907. The Plaza in New York City, The Savoy in London, Fairmont San Francisco, Fairmont Banff Springs, and Fairmont Peace Hotel in Shanghai are but a few of these iconic luxury hotels, forever linked to the special places where they reside. Famous for its engaging service, grand public spaces, locally inspired cuisine and celebrated bars and lounges, Fairmont promises a special brand of thoughtful luxury that will be remembered long after any visit. With a worldwide portfolio of more than 75 hotels, Fairmont also takes great pride in its deep community roots and leadership in sustainability. Fairmont is part of Accor, a world-leading augmented hospitality group offering unique experiences in 5000 hotels and residences across 110 countries.

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